



Healthy Schools



Oakthorpe Primary School **PSHE and Citizenship Policy**

Updated October 2015

Members of Staff Responsible: P.S.H.E. Co-ordinator, Head Teacher, SENCO

PSHE and Citizenship Statements

The personal and social development of children plays a significant part in their ability to learn and achieve. At Oakthorpe we believe development in both these areas is essential to raising standards of attainment for all children.

Our school curriculum promotes children's self-esteem and emotional wellbeing and helps them form and maintain worthwhile and satisfying relationships based on respect for themselves and for others at home, at school, at work and in the wider community. Through PSHE and Citizenship our pupils have the opportunity to relate to others and work for the common good.

The PSHE and Citizenship curriculum of Oakthorpe School aims to prepare children for the opportunities and experiences of modern life. Through the PSHE/Citizenship curriculum we aim to pass on the enduring values of society, to develop children's integrity and autonomy and help them to become responsible and caring citizens capable of contributing to the developments of a just society.

We aim to develop children's awareness, understanding and respect for the environments they live in and secure their commitment to sustainable development at a personal, local, national and global level.

Moral and Values Framework

Our PSHE and Citizenship programme reflects the ethos of Oakthorpe School and encourages children to follow the 22 school values. These values have been chosen by the children, staff, parents and governors and are highlighted throughout the school day. Of these 22 values, a different value is assigned to each month on a 2 year rota. Therefore over a children's time at Oakthorpe, they will have each value 3 times. A full list of these values can be found on the school website along with information on our British values.

Equal Opportunity Statement

We aim to promote children's understanding of different cultures and beliefs including an appreciation of their diversity and their influences on individuals and societies. We celebrate the uniqueness of all our children. This is explored in detail in our Racial Equality policy.

PSHE and Citizenship Curriculum

The curriculum follows three core themes:

- Health and Wellbeing – mainly covering drugs, sex and relationship education, and healthy living
- Relationships – mainly exploring interpersonal and intrapersonal relationships, values and resilience
- Living in the wider world – mainly covering citizenship, economic education and careers

At Key Stage 1: 5-7 year old pupils

Health and Wellbeing

- a) Daily routines and staying healthy
- b) Medicines and going to hospitals
- c) Families and who looks after us
- d) Differences between boys and girls
- e) Emergency services and who can help us

Relationships

- a) Being a good friend
- b) Different feelings and how to manage them in a positive way
- c) What bullying is and the effects of bullying
- d) Resolving arguments and working with other people
- e) Choices and consequences; the difference between right and wrong

Living in the wider world

- a) Living together and Community
- b) Outdoor Safety and people that can help
- c) Values of coins and notes
- d) Spending and Saving
- e) World environments

At Key Stage 2: 7-11 year old pupils

Health and Wellbeing

- a) Differences between male and females
- b) Puberty; growing and changing
- c) Hygiene
- d) Body image
- e) Understanding relationships
- f) The effects of smoking and alcohol
- g) Legal and illegal drugs

Relationships

- a) Taking responsibility for behaviour including anti-social and aggressive behaviour
- b) Different types of relationships
- c) Developing resilience and perseverance
- d) Forgiveness and Friendships
- e) Celebrating achievements

Living in the wider world

- a) Staying safe and healthy – how to make informed choices
- b) Rubbish and recycling
- c) Celebrations in different cultures
- d) Local and global communities
- e) Democracy, government and politics
- f) Effects of economic choices
- g) Lending and Borrowing money
- h) Foreign currency
- i) The work of charities

At Oakthorpe we use a wide variety of teaching approaches to deliver the above guidelines. All the approaches used are consistent with the aims of the PSHE programme and ensure a balanced programme, which enhances knowledge, skills and attitudes.

Throughout these topics, pupils are taught to

- a) Recognise what they like and dislike, fair and unfair, what is right and wrong
- b) Talk and write about their opinions and explain their views on issues
- c) Research, discuss and debate topical issues, problems and events
- d) Take part in discussions with one another and class

Working with Parents

At Oakthorpe School we value the relationship with parents. We have a strong working partnership with the Friends of Oakthorpe - FOO, and we take every opportunity to inform and involve parents and carers through meetings, social events, letters and annual reports. We have also received the Parent Partnership Award.

Procedures for Policy Evaluation

The co-ordinator will attend meetings and evaluate effectiveness of planning and resources termly. This policy will be reviewed as changes are required.