


















# Autumn Winter Menu 2024/25

Dates: 4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Nov, 6<sup>th</sup> Jan, 27<sup>th</sup> Jan, 17<sup>th</sup> Feb, 10<sup>th</sup> Mar, 31<sup>st</sup> Mar,

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

<b>WEEK ONE</b>	<b>GREEN EARTH MONDAY</b>	<b>TUESDAY Street Food/Favourites</b>	<b>WEDNESDAY Roast</b>	<b>THURSDAY Pasta Plus</b>	<b>FRIDAY Chippy Day</b>
<b>Halal Main Meal Option 1</b>	<b>Cheese &amp; Tomato Pizza with Tomato Pasta Salad</b> 	<b>Chicken Sausage Roll with Skin on Baked Potato Wedges</b>	<b>Roast Chicken with Gravy, Stuffing &amp; Roast Potatoes</b>	<b>Red Tractor Beef Pasta Bolognese &amp; Garlic Bread</b> 	<b>MSC Fish Fingers &amp; Chips</b>
<b>Vegetarian Main Meal Option 2</b>	<b>Butternut Squash, Chickpea &amp; Lentil Dhal with Rice &amp; Naan Bread Fingers</b> 	<b>Cheese &amp; Onion Pastry Roll with Skin on Baked Wedges</b>	<b>Quorn Grill with Gravy, Roast Potatoes &amp; Tomato Sauce</b> 	<b>Pasta Bolognese made with Red Tractor Halal Lamb or Beef &amp; Garlic Bread</b> 	<b>Crispy Vegetable Fingers &amp; Chips</b>
<b>Vegetables</b>	<b>Broccoli/Cauliflower &amp; Carrots, Sweetcorn</b> 	<b>Red Tractor British Peas, Baked Beans</b> 	<b>Broccoli/Cauliflower &amp; Carrots</b> 	<b>Broccoli, Carrots &amp; Cauliflower Sweetcorn</b> 	<b>Baked Beans British Red Tractor Garden Peas</b> 
<b>Sandwiches/Pasta</b>	<b>Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Pasta with Cheese or Tomato &amp; Basil Sauce</b>				
<b>Baked Jacket Potatoes</b>		<b>Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans</b> 	<b>Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans</b> 	<b>Jacket Potato with Cheesy Beans, Tuna Mayonnaise, Salmon Mayonnaise or Cheese or Beans</b> 	
<b>Dessert</b>	<b>Chocolate Mousse &amp; Orange Smiles</b> 	<b>Homemade Jam Buns &amp; Custard</b>	<b>'Hidden Fruit' Chocolate, (Beetroot &amp; Pear) Brownie</b>	<b>Fruity Strawberry Jelly &amp; Mandarin Segments</b> 	<b>Vanilla &amp; Cherry Cookie Cup &amp; Custard</b>

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**














Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

# Autumn Winter Menu 2024/25



Dates: 11<sup>th</sup> Nov, 2<sup>nd</sup> Dec, 23<sup>rd</sup> Dec, 13<sup>th</sup> Jan, 3<sup>rd</sup> Feb, 24<sup>th</sup> Feb, 17<sup>th</sup> Mr, 07<sup>th</sup> Apr

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

WEEK TWO	GREEN EARTH MONDAY	TUESDAY Street Food/Favourites	WEDNESDAY Roast	THURSDAY Pasta Plus	FRIDAY Chippy Day
Halal Main Meal Option 1	Cheese & Tomato Pizza with Tomato Pasta Salad 	Red Tractor Chicken Sausage with Mashed Potatoes & Gravy	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Chicken Pasta Spirals 	MSC Fish Fingers & Chips
Vegetarian Main Meal Option 2	Potato, Spinach & Cheese Toasted Wrap with Tomato Salsa	Plant Based Sausage with Mashed Potatoes & Gravy	Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes	Beany Vegetable Wrap with a side of Sunny Vegetable Rice 	Crispy Vegetable Fingers & Chips
Vegetables	Baked Beans or British Red Tractor Garden Peas 	Broccoli/Cauliflower & Carrots 	Broccoli/Cauliflower & Carrots, Sweetcorn 	Broccoli/Cauliflower & Carrots 	Baked Beans, British Red Tractor Garden Peas 
Sandwiches/Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Pasta with Cheese or Tomato & Basil Sauce				
Baked Jacket Potatoes		Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans 	
Dessert	Apple & Sultana Crumble Bar with Custard 	Iced Carrot Cake & Orange Slices 	Chocolate Shortbread/ Pinwheels with Chocolate Sauce	Toffee Cream Tart	Chocolate Oaty Slice

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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# Autumn Winter Menu 2024/25

Dates: 18<sup>th</sup> Nov, 9<sup>th</sup> Dec, 30<sup>th</sup> Dec, 20<sup>th</sup> Jan, 10<sup>th</sup> Feb, 3<sup>rd</sup> Mar, 24<sup>th</sup> Mar, 4<sup>th</sup> Apr

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

WEEK THREE	GREEN EARTH MONDAY	TUESDAY Street Food/Favourites	WEDNESDAY Roast	THURSDAY Pasta Plus	FRIDAY Chippy Day
Halal Main Meal Option 1	Cheesy Pasta Spirals with Pizza Style Topping	Beef Lasagne with Garlic & Tomato Bread 	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Beef, Onion & Potato Pie with ½ Portion Mash <u>or</u> Skin on Potato Wedges	MSC Fish Fingers & Chips
Vegetarian Main Meal Option 2	Indian Onion Bhaji Burger with Jacket Wedges 	Vegetable Lasagne with Garlic & Tomato Bread 	Quorn Grill with Gravy, Stuffing & Roast Potatoes 	Vegetable Meatballs, Tomato Sauce & Mixed Rice 	Crispy Vegetable Fingers & Chips
Vegetables	Broccoli/Cauliflower & Carrots & Sweetcorn 	Sweetcorn & Carrots 	Broccoli/Cauliflower & Carrots 	Baked Beans, British Red Tractor Garden Peas 	Baked Beans, British Red Tractor Garden Peas 
Sandwiches/Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Pasta with Cheese or Tomato & Basil Sauce				
Baked Jacket Potatoes		Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans 	
Dessert	Lemon Cupcake with Fruit Slices 	Chocolate Cookie & Orange Wedges 	Chocolate Crunch 'Concrete' & Chocolate Sauce or Pink Custard	Strawberry Mousse	Lemon Drizzle Cake with Custard

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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